Physical Education Curriculum Guide

Year 10

What will my son learn?		
• GCSE. OCR Exam board 60% Theory & 40% practical. The course will be taught and delivered over two years Component (01) **30% of total GCSE** Physical factors affecting performance Component (02) **30% of total GCSE** Socio-cultural issues and sports psychology Component (03) **40% of total GCSE** Performance in physical education Performance of three activities. These can be a team or individual activity.	• BTEC Level Award. Edexcel Exam board Unit 1 Fitness for sport & exercise (Externally assessed unit). Unit 2 Practical sports performance Unit 3 The mind and sports performance Unit 4 The sports performer in action.	• Recreational Physical Education All students will participate in six different activities throughout the year. A combination of team and individual sports are offered to the students on a rotational basis. BASKETBALL FOOTBALL SWIMMING JUDO FITNESS CRICKET

How will my son be assessed?

GCSE; 3 periods a week

A01, Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity. **1 hour written paper, 60 marks**

A02, Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. **1 hour written paper, 60 marks**

A03, Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport. **Non-exam assessment 80 marks**.

A04, Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.

BTEC; 4 periods per week

Excluding unit 1, all units of work contain a number of different assignments that will be completed as coursework. All coursework will be internally verified by the teacher and externally standardised by the exam board.

Students can gain the following grade; PASS, MERIT or DISTINCTION. This is based on the quality of the coursework. Students will be asked to produce work using the following command words, Describe, Explain or Analyse.

Practical performances, presentations & written assignments will form the main basis for assessment.
Unit 1, is an on line computer test. A range of short and long answer questions, multiple choice, drag & click and video clips are used to assess the knowledge and understanding of this unit.

Recreational PE; 2 periods a week

Students will be assessed every six weeks based on; Skill development, Performance and Knowledge of factors affecting fitness. Criteria based on doddle will equate their performance to a value, ranging from 4 -9.

How can I support my son with Games / PE?

- Parents should ensure their sons have the appropriate kit for their physical education and games lessons. The Ernest Bevin College kit.
- If a pupil is unable to participate in a practical activity he should have a letter from home explaining the reason and he will be expected to wear kit and participate in one of the following roles; Umpire / referee, equipment monitor and time keeper. If the problem persists for more than one week he will need a letter from his doctor.

- Parents can help by ensuring that their son attends an extra-curricular session at least once a week.
- Parents can ensure their son logs on to OCR / Edexcel / Doddle learn websites.
- Parents can record sporting performances which can be used as evidence (Contact teacher).