

# Physical Education Curriculum Guide

## Year 12

What will my son learn?		
<ul style="list-style-type: none"> <li>• <b>AS-Level. OCR Exam board</b> 70% Theory &amp; 30% practical. The course will be taught and delivered over two years</li> <li>Component (01) <b>35% of total AS Level</b> Physiological factors affecting performance</li> <li>Component (02) <b>35% of total AS Level</b> Psychological and Socio-cultural themes in physical education.</li> <li>Component (03) <b>30% of total AS Level</b> Performance in physical education One activity. These can be a team or individual activity.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>A-Level. OCR Exam board</b> Component (01) <b>30% of total A- Level</b> Physiological factors affecting performance</li> <li>Component (02) <b>20% of total A- Level</b> Psychological factors affecting performance</li> <li>Component (03) <b>20% of total A- Level</b> Social- cultural issues in physical activity and sport</li> <li>Component (04) <b>30% of total A- Level</b> Performance in physical education</li> </ul>	<ul style="list-style-type: none"> <li>• <b>BTEC Level 3 Diploma / Extended Diploma. Edexcel Exam board.</b> This vocational programme of study is 100% coursework. No external exam. Students will have the option to study over two years completing either twelve units for the Diploma or eighteen units for the Extended Diploma.</li> <li>Your son will study a combination of Core and Optional units. Units such as; Health and Safety in Sport, to Sport as a Business.</li> </ul>

How will my son be assessed?
<p><b>GCE; 6 periods a week</b> A01, Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity. <b>1 hour 15 min written paper, 70 marks</b></p> <p>A02, Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. <b>1 hour 15 min written paper, 70 marks</b></p> <p>A03, Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport. <b>Non-exam assessment 60 marks.</b></p> <p>A04, Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.</p> <p><b>BTEC; 4 periods a week</b> All units of work contain a number of different assignments that will be completed as coursework. All coursework will be internally verified by the teacher and externally standardised by the exam board.</p> <p>Students can gain the following grade; PASS, MERIT or DISTINCTION. This is based on the quality of the coursework. Students will be asked to produce work using the following command word; Describe, Explain or Analyse.</p> <p>Practical performances, presentations &amp; written assignments will form the main basis for assessment.</p>

How can I support my son with Games / PE?
<ul style="list-style-type: none"> <li>• Parents should ensure their sons have the appropriate kit for their physical education and games lessons.</li> <li>• If a pupil is unable to participate in a practical activity he should have a letter from home explaining the reason and he will be expected to wear kit and participate in one of the following roles; Umpire / referee, equipment monitor and time keeper. If the problem persists for more than one week he will need a letter from his doctor.</li> <li>• Parents can help by ensuring that their son attends all lesson scheduled on the timetable.</li> <li>• Parents can ensure their son logs on to OCR / Edexcel / Doodle learn websites.</li> <li>• Parents can record sporting performances which can be used as evidence (Contact teacher).</li> </ul>

