

Physical Education Curriculum Guide

Year 10/11

What will my son learn?		
<ul style="list-style-type: none"> • GCSE. OCR Exam board 60% Theory & 40% practical. The course will be taught and delivered over two years Component (01) 30% of total GCSE Physical factors affecting performance Component (02) 30% of total GCSE Socio-cultural issues and sports psychology Component (03) 40% of total GCSE Performance in physical education Performance of three activities. These can be a team or individual activity. 	<ul style="list-style-type: none"> • BTEC Level Award. Edexcel Exam board Unit 1 Fitness for sport & exercise (Externally assessed unit). Unit 2 Practical sports performance Unit 3 The mind and sports performance Unit 4 The sports performer in action. 	<ul style="list-style-type: none"> • Recreational Physical Education All students will participate in six different activities throughout the year. A combination of team and individual sports are offered to the students on a rotational basis. BASKETBALL FOOTBALL SWIMMING JUDO FITNESS CRICKET

How will my son be assessed?
<p>GCSE; 3 periods a week A01, Demonstrate knowledge and understanding of the factors that underpin performance and involvement in physical activity. 1 hour written paper, 60 marks</p> <p>A02, Apply knowledge and understanding of the factors that underpin performance and involvement in physical activity and sport. 1 hour written paper, 60 marks</p> <p>A03, Analyse and evaluate the factors that underpin performance and involvement in physical activity and sport. Non-exam assessment 80 marks.</p> <p>A04, Demonstrate and apply relevant skills and techniques in physical activity and sport. Analyse and evaluate performance.</p> <p>BTEC; 4 periods per week Excluding unit 1, all units of work contain a number of different assignments that will be completed as coursework. All coursework will be internally verified by the teacher and externally standardised by the exam board.</p> <p>Students can gain the following grade; PASS, MERIT or DISTINCTION. This is based on the quality of the coursework. Students will be asked to produce work using the following command words, Describe, Explain or Analyse.</p> <p>Practical performances, presentations & written assignments will form the main basis for assessment. Unit 1, is an on line computer test. A range of short and long answer questions, multiple choice, drag & click and video clips are used to assess the knowledge and understanding of this unit.</p> <p>Recreational PE; 2 periods a week Students will be assessed every six weeks based on; Skill development, Performance and Knowledge of factors affecting fitness. Criteria based on doddle will equate their performance to a value, ranging from 4 -9.</p>

How can I support my son with Games / PE?
<ul style="list-style-type: none"> • Parents should ensure their sons have the appropriate kit for their physical education and games lessons. The Ernest Bevin College kit. • If a pupil is unable to participate in a practical activity he should have a letter from home explaining the reason and he will be expected to wear kit and participate in one of the following roles; Umpire / referee, equipment monitor and time keeper. If the problem persists for more than one week he will need a letter from his doctor. • Parents can help by ensuring that their son attends an extra-curricular session at least once a week. • Parents can ensure their son logs on to OCR / Edexcel / Doddle learn websites. • Parents can record sporting performances which can be used as evidence (Contact teacher).

